



# First Nation Cultural Tours

## Dream Catcher Workshop

**Workshop Title:** Make your own Authentic Dream Catcher

**Facilitator(s):** Jake Charles  
First Nation Cultural Tours, CEO  
Cell: 905-830-2278  
Home: 905-437-4637  
Email: [medicinewolf.jc@gmail.com](mailto:medicinewolf.jc@gmail.com)



**Facilitator's Bio:** Jake Charles is an Ojibway from the Chippewas of Georgina Island First Nation (located off the south point of Lake Simcoe). As CEO of First Nation Cultural Tours on Georgina Island, Jake shares Anishinaabe cultural knowledge and teachings given to him by his Elders with all nations. It is through the sharing of culture that Jake hopes to educate the public to issues surrounding our First Nations communities and break down stereotypes and barriers put in place by many years of misconceptions.

### Workshop

**Abstract:** Participants will create an authentic Dream Catcher with the help of the facilitator. Traditional teachings will go along with the making of the dream catchers such as; the uses of dream catchers today and their origin. With a friendly and easy-going environment, participants will be encouraged to ask questions about First Nations People and create in depth discussions while the group creates their dream catchers.

### Proposed Audience:

This workshop is geared towards all ages. No previous knowledge is necessary. Best for groups or families of 5 persons or more.

### Audience Outcomes:

Participants in this workshop will go home with their own dream catcher. With an open and comfortable environment, participants are free to ask any questions about First Nation People without judgement. The knowledge retained while making a beautiful keepsake is invaluable to each individual and how they see First Nations People and in breaking down stereotypes infused by the media and some 'old fashioned' belief systems.

## **Agenda and Activities:**

### Opening Introductions & Smudge (20min)

- Brief introduction of facilitator
- Hand drum song
- Smudge with Sage – Sage is used to make everybody comfortable and relaxed in a group setting and encourage openness. Participants are free to decide whether or not to take part. \*\*

### Eagle Feather Introductions (10min)

- A brief explanation of the importance of the eagle feather to Ojibway peoples and the facilitator.
- An eagle feather is passed around the group and they are asked to introduce themselves and share any emotions they may be experiencing or any stories and experiences.

### Dream Catcher Origin (10minutes)

- What are the stories/myths behind the dream catcher
- How to use a dream catcher

### Making a Dream Catcher (70minutes)

- All materials will be passed around to each participant
- Participants can choose certain materials to make their dream catcher unique (such as different beads or charms and the types of feathers used)
- Step by step instructions will be given to group
- Assistance will be given where needed

### Group Discussion (throughout)

- Any questions posed by participants will be addressed during the making of the dream catchers
- Group discussion will be encouraged and focused on First Nations stereotypes in history and today
- The facilitator will also pose questions to the group about current social and economic issues for First Nations People
- Facts about the local Georgina Island will be provided

### Conclusion (15min)

- Closing remarks
- Final questions
- Clean up

**Time Frame:** This workshop is proposed for a 120 minute time period.

**Facility**

**Requirements/**

**Equipment:** Must let facilitator know how many participants are signed up a minimum of 1 week prior to workshop start date

**Room Set-Up:** Each participant will need a table/desk workspace and chair

**Terms:**

**Workshop Fee:** \$200 per 120 minute workshop

**Materials:** \$5.00 per participant

**Travel/Mileage:** n/a

**Invoice Deadline:** To be paid in full by the end of each workshop.

\*\*alternatively, if burning sage is not within building regulation we can pass tobacco around the group. Each individual will say a small prayer or words of thanks and allow any pain or bad emotions to be taken into the tobacco. Later the tobacco will be collected and the facilitator will offer it to creator in a sacred fire.